

**What do all of these things have in common?**

Drag down



Energy  
&  
The Cell

## Why do cells (and us) need Energy?

**1**

**Cell Growth**

**2**

**3**

**4**

## Why do cells (and us) need Energy?

**2**

**Cell Movement  
(in/put of the membrane)**

**1**

**3**

**4**

## Why do cells (and us) need Energy?

1

2

3

Cell Reproduction

4

## Why do cells (and us) need Energy?

1

2

4

....All cellular functions!

3

# Energy is like a battery:



To get energy we use a molecule,  
**Adenosine Triphosphate (ATP)** that is  
like a battery.

It gets used up and then can be  
"recharged" to create more.

**ATP is the carrier of  
chemical energy in cells!**

**Example: Starbucks card  
carries money**



**ATP carries chemical energy!**

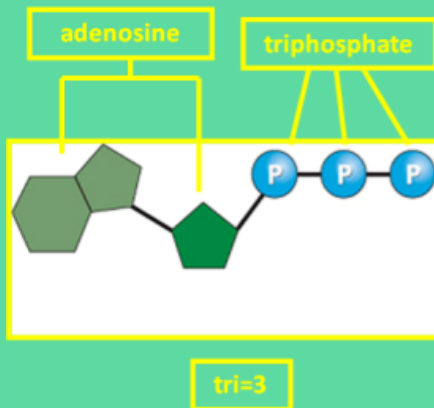
# ATP

Is made up of **3 phosphate groups**,  
plus **Adenine and Ribose**.

Click to reveal

Energy is **released**  
when a **phosphate**  
group is **removed**  
(ATP → ADP)

Energy is  
released when  
the bond is  
broken



Just like your Starbucks  
card, when you use it,  
you use money

# ADP

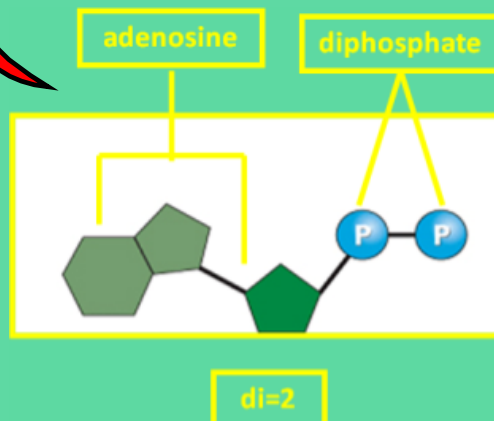
Is made up of **2 phosphate groups**,  
plus **Adenine and Ribose**.

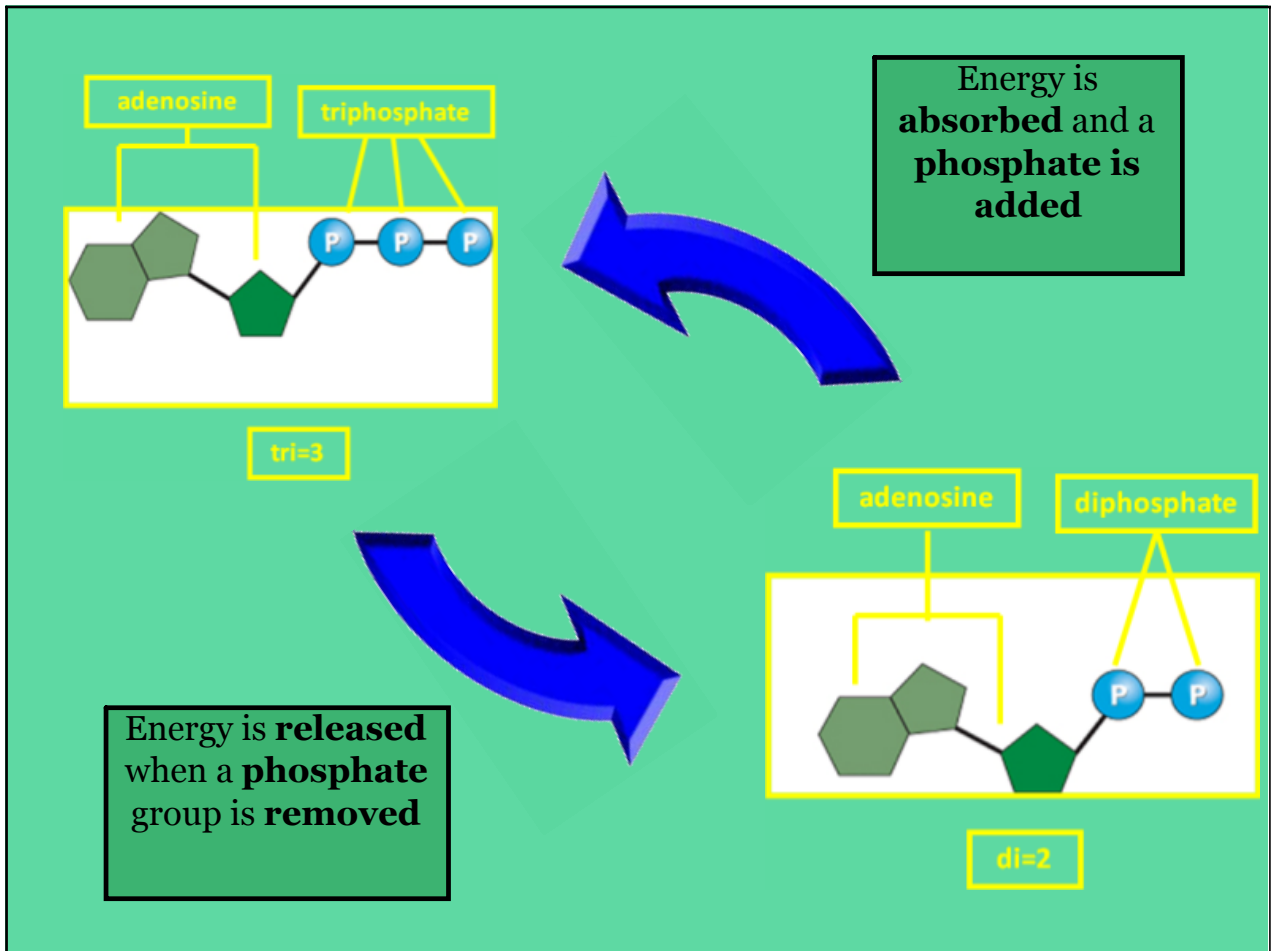


Just like your Starbucks  
card, you need to add  
some money  
to reload the card

Energy must  
be put back into  
the molecule to  
add a P

ADP is changed  
into ATP when a  
phosphate group is  
added  
(ADP → ATP)





## Where does it come from?

Organisms break down carbon-based molecules to produce ATP

- **Carbohydrates** are the molecules **most commonly** broken down to make ATP
- **not** stored in large amounts
- up to **36 ATP** molecules from **1 glucose** molecule

- **Fats** store the **most energy**
- Makes up **80%** of the **energy** in your body
- about **146 ATP** molecules from **1 triglyceride**

- **Proteins** are **least likely** to be **broken down** to make ATP
- about the **same** amount of energy as a **carbohydrate**

